The Kingston Banner

September 2012

Kingston Nursing Center
CMC

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THE EDEN ALTERNATIVE REGISTERED HOME

Kingston Nursing Center Receives Excellence in Action Award

CONWAY, SC– Kingston Nursing Center, the 88-bed facility offering Long Term Care and Subacute Care affiliated with Conway Medical Center, received My InnerView Excellence in Action award from National Research Corporation. This honor recognizes skilled nursing homes that achieve the highest levels of satisfaction excellence, as demonstrated by overall resident or employee satisfaction scores that fall within the top 10 percent of the My InnerView product database.

"The most important takeaway regarding the Excellence in Action awards is that the skilled nursing award recipients were first recognized by their own residents and employees through excellent satisfaction survey scores," said Susan L. Henricks, president and COO of National Resarch Corporation.

The Excellence in Action awards are presented exclusively to National Research clients who use My InnerView products. Over 5,000 qualifying nursing homes must have completed a customer or workforce satisfaction survey in 2011. Winners must have also achieved a minimum of 10 responses with a minimum 30 percent response rate and scored in the top 10 percent of qualifying facilities on the question "What is your recommendation of this facility to others" or "What is your recommendation of this facility as a place to work?" in terms of the percentage of respondents rating the facility as "excellent."

Kingston Nursing Center is one of 610 nursing homes in the country to receive this award and one of only three in the state of South Carolina. Established in 1989, Kingston Nursing Center provides a positive environment for adult residents in need of care.

Conway Medical Center is defined by its historical ability to consistently meet the healthcare needs of Horry County. The nonprofit medical center was established in 1930 as Horry County's first hospital and has 210 inpatient beds; a 66-bed long-term care facility, Kingston Nursing Center; a 22-bed sub-acute care facility, Medstar; a Wellness & Fitness Center; an Outpatient Diagnostic Center and Conway Physicians Group (CPG), a multi-specialty group of 15 physician offices affiliated with the hospital.

Great job Kingston staff and thanks to our families who care so much!

Falls: A Big Problem for Older Adults

We have recently received some welcome information that we would like to pass on to our family and friends. In May 2012, the U.S. Preventative Services Task Force published some helpful information regarding falls in older adults in the community. We all may have the opportunity to assist in older adult in preventing a fall *(if they are a risk)* and we also have a responsibility to be knowledgeable about falls in our community-dwelling *(elders not living in assisted living or nursing home facilities)* elders, whether they be family, friend or neighbor.

Did you know that more than one-third of older adults fall at least once a year, resulting in broken bones, cut, head injuries and visits to the emergency room or hospital? Most older adults will stop going out and doing things they enjoy because they are worried about falling and getting hurt.

The Task Force has provided us with five strategies related to adults who are at increased risk for falls and fall prevention:

- **Some older adults may need an in-depth exam to see why they are a fall risk. These exams may ask about previous falls; testing balance, walking & vision; or even testing blood pressure after standing up.**
- **Treatments can include vitamin D supplements or protein supplements, or treatment for vision problems**
- **Exercise or physical therapy**
- **Changes at home to decrease the risk, such as getting rid of rugs**
- **Counseling regarding falls and their prevention**

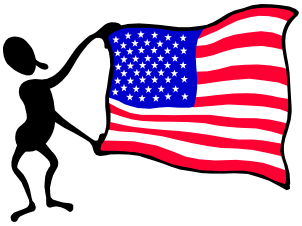
For more information regarding falls or other task force information, please visit the task force website:

www.uspreventativeservicestaskforce.org

Coming Events

September

3- Labor Day



9- Grandparents Day

10-14 Environmental Services Week

11- Patriots Day

STAFF BIRTHDAYS

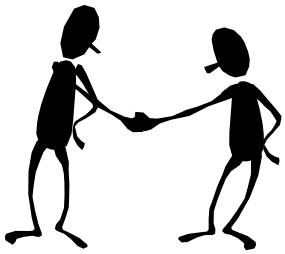
2- Marie Troxell
5- Kimberly Eddy
5- Barbara Young
7- Laura Fowler
9- Danielle Hardee
11- Georgeanna Funk
12- Alex Ault
15- Ginny Noll
17- Shana Valder
19- Lena Cole
23- Elizabeth Nesbit

Happy Birthday

WELCOME NEW STAFF!

Halle Money

Elizabeth Nesbit



In memory of those who touched our lives…

Jimmy Ray
Bertha Singleton
William Williams
Tiger the Cat
Ibis Cebollero

Staff Employment Anniversaries

Judy Altman- 18 yrs
Shirley Roberts- 14 yrs
Melissa Macon- 11 yrs
Jan Owens- 10 yrs
Diane Houghton-9 yrs
Marie Troxell- 8 yrs
Kim Ady- 6 yrs
Kim Eddy- 5yrs
Amie Fowler- 5yrs
Jessie Szypulski- 5 yrs
Danielle Hardee- 2 yrs
Donna Morris- 2 yrs
Gwen Pryor- 1 yr

We are currently planning our 2nd Annual Pumpkin Fes-

Resident Birthdays

September

2- Ann Dumovich
7- Peggy Anderson
10- Mary Brigman
17- Billie Willoughby
18- Polly Miles
20- Mary Dolan
22- Barbara Hoffman
28- Bernice Whittington
30- Marion Crumley

(Right) Jennifer's
"The Apple Tree"

(Below) "Flowers for My
Mother" by Theresa

(Right)
"Roses"
by Pat

(Right) Theresa enjoys a session of
Art without Boundaries

(Below) Care Lane & Hummingbird
Lane recently set up a movie screen
and projector for neighborhood
activities. Hummingbird Lane is
pictured below.

(Below)
The Golden Girls had
a Cocktail Party featuring
"mocktails" such as
Shirley Temples and
even gave out a few prizes.

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Visit our web site:
www.conwaymedicalcenter.com

Join our Facebook Fan Page! We keep it updated with activities, photos, & up and coming events!

Please feel free to send us your email address, so we can keep you up to date with all the latest news and happenings here at Kingston Nursing Center & Medstar!

tmitchell@cmc-sc.com

Come and see us.
We are not like every other nursing home.
We are an Eden Alternative home,
and we do things differently.

Please visit *www.edenalt.com*

EDEN ALTERNATIVE®

Kingston Nursing Center's Vision

Kingston Nursing Center will be the skilled facility of choice for our changing community.

We will accomplish this by:
**Providing excellent health care*
**Providing a home that is warm and safe*
**Honoring individual needs of our residents*