

CONWAY MEDICAL CENTER
300 SINGLETON RIDGE RD
CONWAY, S.C. 29526
LABORATORY: Main # (843) 347-8130

PATIENT INSTRUCTIONS FOR 24 HOUR URINE COLLECTION

IMPORTANT: PLEASE READ AND FOLLOW ALL INSTRUCTIONS

CAUTION: When indicated, some containers may contain preservatives which are poisonous and can cause skin irritation or burning- please proceed with caution. Do not void directly into the container; keep container away from children.

1. The laboratory will need to know the name of the test your doctor has ordered before supplying the urine container. Please bring the order with you when you come to get your container. Be sure that you use the container provided specifically for the testing you need. **YOUR NAME; THE START and STOP TIMES OF COLLECTION MUST BE ON THE CONTAINER**
2. Collection time is an exact 24 hour period and should begin after you have voided. The best collection protocol is the following: Upon arising in the am, urinate into your toilet – all of that sample should be discarded. Your collection time begins after this discarded sample.
3. Collection should not be made directly into the container, collect in a secondary container (making sure is clean, it is not required to be sterile) then add to the provided container. Collect every sample during the next 24 hour period. It is important that all urine is collected in the container.
4. The sample **must be refrigerated** or at least kept cold during the entire period. We suggest that it be placed in your refrigerator during the procedure, however, you may keep it in a cooler IF you it is covered with ice at all times.
5. The last sample should be 24hrs after the initial. In our suggested protocol, you would collect your first am sample (be sure it is approximately at the same time as the first am sample you discarded the day before). That first morning sample will be your last – return the container to the laboratory.
6. When returning the container, you should remember that you must bring your **physician test order** AND this form with you. You may bring the sample directly to the lab, but you **must return to the registration desk to secure a record** of your visit. YOU must return the record to the lab staff or the sample cannot be processed.

NOTE: Your sample may be rejected if you do not follow all of these instructions.

I have followed all of the above collection instructions:

Patient signature

Start time/date

Stop time/date