



## **URINE CLEAN CATCH COLLECTION INSTRUCTIONS: MALE**

1. Wash hands with soap and water, dry thoroughly.
2. Open the urine container – avoid touching the inside wall of the container.
3. If uncircumcised, withdraw foreskin.
4. Using the antiseptic wipe provided, clean the urethral opening and the area around
5. Repeat the process with the additional wipes. Total of three cleaning processes.
6. Begin urinating and pass the first portion into the toilet.
7. Fill the container with the mid-portion of urine.
8. Pass your remaining portion of urine into the toilet. This process should result in the capture of the mid-portion of your urine output.
9. Fasten the lid securely on the container.
10. Return the container to the phlebotomist. To insure proper labeling, please keep the container until you can directly place your sample into their hands.