

2020 Core Week 1 Menu

Category	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soup							
SOUP	Minestrone	Chicken Vegetable	Cream Mushroom	Chicken & Bean 11077	Beef & Vegetable	Chicken & Tortilla	Beef Noodle
		Split Pea w/ Ham	Beef & Bean Chili	Tomato Bisque	Broccoli & Cheese	Baked Potato Soup	
Bro							
Entrées	Fried Chicken	Country Fried Pork Chop	Chicken Pot Pie	Garlic Herb Roasted Chicken	Cheese Tortellini With White Alfredo Or Meat Sauce	Herb Crusted or Fried Tilapia	Rotisserie Style Turkey Breast w/ Gravy
	Roast Beef	Chopped Steak w/ Mushroom Gravy	Baked Ziti & Turkey Meat Sauce	Braised Beef Tips	Chicken Tampico	Meatloaf	Fried Pork Cutlet
		Black Eyed Peas		Fried Chicken		Parmesan Potato Wedges	
Vegetables	Green Beans	Mexican Corn	Summer Squash, Zucchini and Carrots	Yellow Squash & Red Peppers	Yellow Zucchini, Tom and Mushrooms	Broccoli & Sun Dried Tomatoes	Honey Glazed Carrots
	Fresh Steamed Carrots	Fresh Steamed Broccoli	Cauliflower AuGratin	Mustard Greens	Italian Style Green Beans	Collard Greens	Winter Blend Vegetables
	Turnips	Peas & Carrots	Brussel Sprouts	Fresh California Vegetable Blend	Spinach Cassarole	Orange Glazed Carrots	Fresh Roasted Vegetables
Starches	Macaroni and Cheese	Vegetable Rice Pilaf	Cous Cous with Vegetables	Herbed Brown Rice Pilaf	Brown Rice, Barley & Mushrooms	Steamed Rice	Mashed Potatoes
	Mashed Potatoes	AuGratin Potatoes	Steamed Rice	Buttered Noddles	Roasted Red Potatoes	Shrimp & Southern Grits	Baked Sweet Potatoes
Bakery & Desserts							
Grille							
Core Grille Menu	Grilled Hamburger	Grilled Hamburger	Grilled Hamburger	Grilled Hamburger	Grilled Hamburger	Grilled Hamburger	Grilled Hamburger
	Turkey Burger	Turkey Burger	Turkey Burger	Turkey Burger	Turkey Burger	Turkey Burger	Turkey Burger
	Black Bean Burger	Black Bean Burger	Black Bean Burger	Black Bean Burger	Black Bean Burger	Black Bean Burger	Black Bean Burger
	Grilled Chicken Breast	Grilled Chicken Breast	Grilled Chicken Breast	Grilled Chicken Breast	Grilled Chicken Breast	Grilled Chicken Breast	Grilled Chicken Breast
	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
Exhibition Station							
Exhibition Station		Pizza Bar and Wings	Taco Tuesday/Quesadilas	Fish Po Boy	Pizza Bar	Ham Carving Station, Butchers Block & Wings	
Salad Station							
Salad Bar							
Salad Bar		BLT Pasta Salad	BLT Pasta Salad	BLT Pasta Salad	BLT Pasta Salad	BLT Pasta Salad	
		Tomato Cucumber Salad	Tomato Cucumber Salad	Tomato Cucumber Salad	Tomato Cucumber Salad	Tomato Cucumber Salad	
		Broc,Cheddar Pasta	Veggie Crunch Salad	Broc,Cheddar Pasta	Veggie Crunch Salad	Broc,Cheddar Pasta	
On The Go		Chicken Salad On Croissant	Chicken Salad On Croissant	Chicken Salad On Croissant	Chicken Salad On Croissant	Chicken Salad On Croissant	
On The Go		Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad	
Pizza Station							
Pizza OR Deli Menu		Cheese Pizza			Iron City Pizza		
		Pepperoni Pizza	Deli	Deli		Deli	
		The Baller Meatball Sub					

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