



WHAT ARE YOUR SCREENING OPTIONS FOR COLORECTAL CANCER?

WHAT

COLORECTAL CANCER is the **3RD MOST COMMON** cancer yet it is one of the **MOST PREVENTABLE**. It is highly treatable and is often **CURABLE** when caught early.

WHO

AGE 45 to 75

Adults at **average risk** for Colorectal Cancer should **get screened**

AGE 75+

The decision to continue **screening** should be **personalized**

WHY

POLYPS



Removing polyps with colonoscopy **reduces the risk of Colorectal Cancer** and **saves lives**.

WHEN

10 VS. 1

In general, **colonoscopy every 10 years** starting at age 45 for average risk adults is recommended as a screening test as compared to the alternate **stool FIT test** which you have to undergo **every 1 year**.

WAYS



1-STEP TEST

COLONOSCOPY

Colonoscopy is a one-step test that looks for growths called polyps in your entire colon (large intestine) and rectum. Your doctor can remove polyps and prevent colorectal cancer **ALL IN 1 STEP**.

OR



2-STEP TEST

STOOL-BASED TEST

If they are positive, tests such as Fecal Immunochemical Tests (FIT) or Multitarget Stool DNA tests need a **follow-up colonoscopy** to diagnose any problems. **Two steps** are needed to screen.

FIND

A Digestive Health expert and learn more



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